

# 2018 Special



# Calendar Edition

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## 2018 Wednesday Wildflower Walks with NC Native Plant Society (Triad Chapter) and Forsyth Audubon

Join Ann Walter-Fromson and Lisa Lofland Gould who will lead Wednesday morning wildflower walks in March and April. We will visit watershed trails and area preserves along with 3 new locations in Forsyth County to observe nature's beautiful show of ephemeral spring wildflowers. Ann will lead the four walks in Guilford and Rockingham Counties and Lisa will lead the 3 walks in Forsyth County.

You're welcome to join in for any or all of these walks. Wear sturdy walking shoes as trails may be muddy or slippery in places. You may want to bring binoculars (close-focus binoculars are particularly good for viewing small flowers), a walking stick, insect repellent, a wildflower field guide, a camera, water, and a snack. No pets, please.

**For walks led by Ann Walter-Fromson, we will meet at 9:30 a.m.** at Whole Foods parking lot at Friendly Shopping Center (between Chick-Fil-A and BBT Bank) to carpool to the trail site. **For walks led by Lisa Lofland Gould, plan to meet at 10:00 a.m. at each location and see additional information for each walk below.** We expect to be back between 12:30 and 1:00 p.m., depending on the trip location. Please contact Ann Walter-Fromson at [annwf7@gmail.com](mailto:annwf7@gmail.com) if you are meeting us at the trail site instead of at Friendly Shopping Center. Please contact Lisa Lofland Gould at [lisal Gould@gmail.com](mailto:lisal Gould@gmail.com) if you have questions about the Forsyth County trips.

The dates and descriptions for these wildflower walks are:

1. **March 14 - [Laurel Bluff Trail](#):** We start at the N. Church Street trail head and walk west through woodlands overlooking Lake Townsend. About 3 miles of walking; this section of the trail is quite hilly. Parking for trail access is a small gravel lot on the other (east) side of Church Street, south of the safety crossing.
2. **March 21 - [Salem Lake in Forsyth County](#):** We will meet at the south entrance to Salem Lake (the Point Parking lot, 1001 Salem Lake Road, Winston-Salem NC 27107), in the parking lot to the right of the entrance road, just before the stop sign and the parking area for the Marina (you will see a jungle gym/playground and a building with restrooms adjoining that lot). We will gather on the lake side of the restroom building. We will walk about 3 miles, on a level trail.
3. **March 28 - [Cascades Preserve](#):** We will hike the Falling Waters Trail, which takes us on wooded slopes along the cascades of a beautiful creek, where we will look for wildflowers. About 1.5 miles of walking, moderate difficulty.
4. **April 4 - [Emily Allen Wildflower Preserve in Winston Salem](#):** 1466 Old Town Road, Winston-Salem NC 27106. PLEASE try to carpool to this site, as parking is very limited.

You can park along the street in front of the house, and perpendicular to the street at the houses on either side of 1466 (just don't block their mailboxes). We will gather at the base of the driveway. This is a perfect date to see the amazing diversity and profusion of wildflowers found in this closed-to-the-public garden. While it is an easy walk, less than a mile, the trails are mostly on slopes and can be muddy.

5. **April 11 - [Knight Brown Preserve](#)**: We begin on the Beechwood Bottom Trail and continue on the Creekside Loop trail to see which wildflowers are in bloom at this pristine site owned by Piedmont Land Conservancy. About 2 miles of walking, some of it hilly.
  6. **April 18 – [Richardson-Taylor Preserve](#)**: We will walk part the wetlands loop trail that overlooks an area of prior beaver activity, as well as part of the Mountains-to-Sea trail, and see what wildflowers we can find. About 2 miles of mostly easy walking with some slopes.
  7. **April 25 – [Black Walnut Bottoms in Bethania](#)**: We will meet in the parking lot of Bethania Town Hall, which is also the trailhead for Black Walnut Bottoms. The address is 5490 Bethania Road, Bethania NC 27010. We will be in woodlands as well as open fields, and will walk about 1.4 miles on mostly level trails.
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